



Press Release

**Date: January 6th, 2010
For Immediate Release**

Métis Nation British Columbia's 2010 Olympic Torchbearer team "Keeping it Riel" runs with the Vancouver 2010 Olympic Torch January 29th, 2010.

Vancouver, British Columbia - Métis Nation British Columbia's 2010 Olympic Torch Relay Team "Keeping It Riel" will run with the Vancouver 2010 Olympic Torch on January 29th 2010 in Quesnel, British Columbia. The corporate team is made up of nineteen MNBC staff from ages twenty to sixty something and all have been preparing for January 29th 2010 in several ways. Many of the team have taken up walking and using stairs when possible both for a physical build up and for the "Keeping it Green" philosophy that the team and MNBC is striving to maintain.

The "Keeping it Riel" team started with a bang this past 2009 even prior to officially knowing they would be a part of the Olympic experience. Going green started with office recycling and bottle recycling and moved to the Annual General Meeting held in Penticton BC by having all reports provided on paperless kits stored on USB drives that were handed out to the membership.

The following members of MNBC staff are 2010 Olympic Torchbearers –

Collette Trudeau, Betty Fisher, Gayle Sayese, Colin Sanderson, Colleen Rose, Tanya Davoren, Dean Trumbley, Gary Ducommun, Brandy Hoglelund, Tracey Thornhill, Carol Paynter, Cora David, Darcie Petuh, Doreen Spence, Hazel Burns, Trish Parent, Malonie Langthorne, Laurel Katernick, and Marcel Chalmers.

The level of excitement rose even higher when the official word of approval came from RBC Royal Bank over the Christmas holidays and this week when the team started to receive their official uniforms. Team "Keeping it Riel" will be running one kilometer in Quesnel, BC this January 29th 2010, stay tuned for more updates in regards to 2010 and other Métis involvement in regards to the 2010 Olympic and Paralympic Games.

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